

MEDITERRANEAN  FIELDS

*Ready & Fresh*

Premium Vegetables



## Bring Home The **FRESH!**

The south of Spain is home to the richest soil and endless days of sunshine, yielding produce with the most robust flavors enjoyed all over the world.

This region of Spain is also well known for its superb cuisine which has been at the heart of the healthy Mediterranean Diet. A pinch of salt, a grind of pepper and a few drops of olive oil is all that is needed to capture and savor the simplicity of clean eating.

We select the freshest vegetables daily, prepare them in small batches and use innovative packaging to provide you with convenient and delicious options.

A quick side dish, salad or appetizer has never been this easy to enjoy with family and friends.

Available at:



Mediterranean Fields: P.O. Box 1136, Great Falls VA 22066  
(703) 407-0150 sales@mediterraneanfields.com



## Retail: All Natural



Roasted Red Peppers	17.6OZ (500gr)
Roasted Green Peppers	17.6OZ (500gr)
Roasted Red & Green Peppers	17.6OZ (500gr)
Roasted Red Pepper Strips	12.3OZ (350gr)
Roasted Green Pepper Strips	12.3OZ (350gr)
Spinach with Chickpeas	12.7OZ (360gr)
Ratatouille	13.4OZ (380gr)
Sautéed Broccoli	12.3OZ (350gr)
Artichoke Hearts	10.6OZ (300gr)
Mediterranean Vegetable Salad	17.6OZ (500gr)
Mediterranean Potato Salad	12.7OZ (360gr)
Seasoned Sliced Carrots	12.3OZ (350gr)
Zucchini Puree	13.4OZ (380gr)
Pumpkin Puree	13.4OZ (380gr)
Mixed Vegetable Puree	13.4OZ (380gr)

## Food Service: All Natural

Roasted Red Peppers	35.2OZ (1Kg)/88.2OZ (2.5Kg)
Roasted Red & Green Peppers	35.2OZ (1Kg)/88.2OZ (2.5Kg)
Ratatouille	88.2OZ (2.5Kg)
Spinach with Chickpeas	35.2OZ (1Kg)
Mediterranean Vegetable Salad	35.2OZ (1Kg)/88.2OZ (2.5Kg)

## Retail: Organic



Roasted Red Pepper Strips	8.8OZ (250gr)
Spinach with Chickpeas	8.8OZ (250gr)
Ratatouille	8.8OZ (250gr)
Sautéed Broccoli	12.3OZ (350gr)

**FRESH** on the Shelf for 18 months!

No Artificial Flavors, Colors or Preservatives  
Mediterranean Diet / Vegan / Low Calorie

## Specifications

Shelf Life: 18 months

Store at ambient temperatures

Pallet Sizes:

3,520 x 250gr trays

2,560 x 300-380gr trays

1,440 x 380gr puree containers

1,600 x 500gr trays

960 x 1Kg trays

360 x 2.5Kg trays